

## HEALTH AND SAFETY FOR CORBETT ROAD ALLOTMENT GARDENS (COMMUNAL AREAS)

<b>RISK ASSESSMENT</b>		
<b>Hazard</b>	<b>Person at risk</b>	<b>Advisory</b> <i>(control and monitoring not possible in this environment)</i>
Blisters, minor cuts, abrasions	Association Members and guests	<ol style="list-style-type: none"> <li>1. Wear work gloves,</li> <li>2. Keep hands as clean as possible.</li> <li>3. Keep up to date with tetanus inoculations.</li> <li>4. <b>Personal</b> first aid kits on site should contain plasters and wipes.</li> </ol>
Accidents with tools	Association Members and guests	<ol style="list-style-type: none"> <li>1. Wear boots or other appropriate footwear.</li> <li>2. Inspect site prior to work.</li> <li>3. Keep tools well-maintained to be safe to use.</li> <li>4. Discard all faulty equipment.</li> <li>5. Only use appropriate tools in correct manner <b>and store them safely.</b></li> </ol>
Sharps: needles, razor blades etc.	Association Members and guests	<ol style="list-style-type: none"> <li>1. Do not lift leaves etc. with hands.</li> <li>2. Wear boots and gloves.</li> <li>3. Do not compact with feet or hands.</li> </ol> <p>For example, do not force items into waste bags with hands and feet.</p>

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Moving, lifting or handling loads	Association Members and guests	<ol style="list-style-type: none"> <li>1. Assess load and location.</li> <li>2. Seek help if required.</li> </ol>
Uneven ground, trip hazards	Association Members and guests	<ol style="list-style-type: none"> <li>1. Be aware of the state of ground being worked on.</li> <li>2. Wear footwear with a good grip.</li> <li>3. Take extra care if working on slippery ground.</li> <li>4. All access routes to be kept clear.</li> </ol>
Plant allergies	Association Members and guests	<ol style="list-style-type: none"> <li>1. Be aware you may be allergic to certain plants and if so, avoid contact.</li> <li>2. Try to wear gloves at all times.</li> <li>3. Wash hands thoroughly at the end of each session.</li> </ol>
Sunburn	Association Members and guests	<ol style="list-style-type: none"> <li>1. Wear suitable clothing.</li> <li>2. Wear a high factor protective sun cream.</li> <li>3. Drink adequate fluids to stay hydrated.</li> <li>4. Take breaks when required.</li> </ol>
Hypothermia	Association Members and guests	<ol style="list-style-type: none"> <li>1. Wear warm outdoor clothing – waterproof if necessary.</li> </ol>

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Fire	Association Members and guests	1. Do not leave communal fires unattended.
Bee and wasp stings	Association Members and guests	1. Be aware of environment and do not provoke bees or wasps <b>unnecessarily</b> . 2. Wear appropriate clothing when dealing with wasp nests or wild bee hives and ensure others near you know what you are doing. 3. If stung by bee or wasp please seek help. 4. Leave area if necessary.
Animal manures and use of compost	Association Members and guests	1. Wear gloves when handling animal manures and wash hands thoroughly afterwards. 2. Exercise care when opening compost bags taking care not to inhale dust which can be hazardous to health.
Water butts	Association Members and guests	1. Garden produce and hands should not be washed with water from the water butts.

#### **BASIC ADVICE FOR ALLOTMENT USERS AND GUESTS**

- Each individual has to take personal responsibility for his / her safety, particularly if working on their own. This includes first aid.
- At all times, each individual using the allotments must act in a responsible, considerate manner; mindful of others working in the allotment.
- **When working alone on the site be aware of any non-member visitors and consider keeping the gates locked.**

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